

## Participation and Environment Measure Children and Youth



Participation in activities at home, school and the community is an important part of childhood. Children's involvement in such activities can make a great impact in their health and quality of life.

### Applications

- Academic studies
- Evaluation use

### Advantages

- More than 14 translations
- Use in hardcopy or electronic
- Licensed to individuals and to organizations

### Contact

Sunita Asrani,  
Business Development Manager  
Email: [asranis@mcmaster.ca](mailto:asranis@mcmaster.ca)

### Abstract

The Participation and Environment Measure for Children and Youth (PEM-CY) is a measurement tool designed to help parents, service providers and researchers better understand the participation of children and youth, developed by Wendy Coster, Mary Law and Gary Bedell.

The PEM-CY measures participation in the home, school and community, along with environmental factors within each of these settings. It is the first tool of this type that measures participation and environmental factors at the same time.

The PEM-CY is for parents of children and youth aged 5 to 17, with or without disabilities. It takes 25-40 minutes to complete. A total of 25 types of activities are included. Examples are: "computer and video games" at home. "classroom activities" at school, and neighborhood outing" in the community. The 25 activities are grouped into three settings: home, school and community. For each setting, there are questions about participation and the environment. The instrument also asks about strategies parents use to promote participation in each setting.

The PEM-CY is currently available in hardcopy and electronically. The electronic version includes a feature that produces a Participation Profile for the child based on information provided. The Participation Profile will include a visual summary of the PEM-CY responses to make the results easy to understand and share amongst service providers and teachers.